From the NCVMB website
http://www.ncvmb.org/

EFFECTIVE: 2019 Renewals
Continuing Education Audits: Starting with the 2019 renewal 2% of all licensees and registrants will be audited for proof of obtaining their CE. This is a random audit and you will be informed at the time of your renewal if you need to submit proof of your CE.

EFFECTIVE: 2020 Renewals
Continuing Education Requirement: Two (2) hours of CE on the 'abuse of controlled substances' will be required per renewal cycle. This includes both veterinarians and technicians.

NCVMB FACEBOOK Page
https://www.facebook.com/NCVetMedicalBoard

The NCVMB Facebook page has a vast variety of information available for veterinarians, technicians, and pet owners. Examples of recent posting include the following topics:

- How to Create Your Ideal Clientele
- Equine Dental Care: Painful Points & Uneven Arcades
- Prime issue for veterinary technicians: Underutilization
- Do Clients Abuse Their Pet’s Prescriptions?
- The corporatization of veterinary medicine
- 6 tips for managing canine and feline diabetes

What CE will fulfill the new requirement for “abuse of controlled substances”?

Courses that fulfill this requirement include, but are not limited to, the following:

“instruction on controlled substance prescribing practices, proper medical use of controlled drugs, opioid indications and contraindications, and recognizing and preventing the abuse of controlled substances by Veterinary Practice Employees.

The new 2-hour CE requirement is not in addition to the existing requirement of 20 hours of CE. For example: Veterinarians need 2 hours of “drug CE” and 18 hours of other veterinary related CE each year.

The NCVMB’s website will list, in February 2019, free on-line courses that satisfy this requirement.
Controlled Drugs Stolen from NC Mobile Veterinary Vehicle

In late November a NC mobile veterinary unit was broken into and controlled drugs were stolen. This incident points out the ongoing risk of crime that every veterinarian faces in their practice.

For the safety of the public and your practice, it is essential to meet the requirements for security and record keeping with controlled substances.

So, what should you do if your practice is robbed or there is a discrepancy in your controlled substance inventory? Federal regulations require that registrants notify the DEA Field Division Office in their area, in writing, of the theft or significant loss of any controlled substance within one business day of discovery of such loss or theft. The registrant shall also complete and submit to the Field Division Office in their area, DEA Form 106, "Report of Theft or Loss of Controlled Substances" regarding the theft or loss. (21 C.F.R. § 1301.76(b))

DEA controlled substance registrants are strongly encouraged to complete and submit the DEA Form 106 online. In addition to being more convenient, completing the form online results in fewer errors. A link to the online DEA Form 106 is provided below.

https://apps.deadiversion.usdoj.gov/webforms/dtlLogin.jsp

Data will be entered through a secure connection to the online application system. Your web browser must support 128-bit encryption. If you have questions regarding the electronic submission of the DEA Form-106, please contact DEA Call Center 1-800-882-9539.

If a registrant does not have internet access, a paper copy of the DEA-106 form can be requested by writing to:

Drug Enforcement Administration
Attn: Regulatory Section/DRG
8701 Morrissette Drive
Springfield, VA 22152
The NCVMB inspects veterinary facilities every two years to ensure that all rules and regulations in the North Carolina Veterinary Practice Act are being met. The majority of these rules are found in .0207 Minimum Facility and Practice Standards. The most common violations that inspectors listed in 2018 involve the following:

“All controlled substances shall be stored, maintained, administered, dispensed and prescribed in compliance with federal and state laws, rules and regulations”:
- Telazol: This is a controlled drug and needs to be kept under lock at all times. After reconstitution it can be used for 7 days at room temperature or 56 days when refrigerated (you’ll need a frig lock box)
- Records: Your scheduled drug logs need to be kept according to DEA regulations
- Security: Scheduled drugs are kept locked in a secure location (don’t keep the key in the lock!)
- Expired drugs: Expired controlled drugs need to be properly disposed per DEA/DHHS rules

“The surgery room shall be clean, orderly and well lighted”: Dust on the surgery light is a frequent violation.

“Storage in the surgery room shall be limited to only items and equipment normally related to surgery and surgical procedures”: Do not store your dental machine, clippers, inventory items, etc. in the surgery room/suite.

“Emergency drugs shall be readily available to the surgery area”: You need to have an adequate number of emergency drugs on hand, within their expiration dates, and readily available to comply to this rule.

Expired Drugs/Medications: It is essential to remove expired drugs from your pharmacy.

This is a great profession!
The holiday season always makes me reflective and, as I look back over my years in the veterinary profession, I remind myself of the reasons that I’m happy and proud to be a Veterinarian.
- I appreciate intangible rewards…enjoying the love and gratitude from both pets and people (never exhibited better than when all the gifts, candy, etc. from clients arrive at the front desk during the holidays). It’s hard work but nothing worthwhile is ever easy.
- I enjoy using all five senses to perform my job.
- I value the respect that I am given by the public and the ethical responsibilities of the veterinary profession.
- Every day is different and never dull.
- I thrive on overcoming challenges that I face on a daily basis.
- Knowing that I have made a difference in the lives of people and animals.
Disposal of Controlled Substances

In North Carolina any disposal of controlled substances must be witnessed by a state or federal official that is authorized to enforce either state or federal controlled substance acts. Typically, that is one of the Drug Control Unit inspectors. This is usually expired medications or anything that is unwanted for use any longer. The administrative code does allow for the destruction of accidentally contaminated drugs or the unused portion of an injectable in schedules II – V by the registrant or the practitioner. Although not addressed specifically in the Administrative Code, CS medications can also be disposed of by a Reverse Distributor as long as they are registered with the Federal DEA. This is completed by transferring the medications from one DEA registrant to another DEA registrant.

**10A NCAC 26E .0407 DISPOSAL BY REGISTRANTS AND PRACTITIONERS: SCHEDULES II - V**

The destruction of a controlled substance in Schedules II, III, IV and V by a registrant or practitioner or by his authorized agent shall be witnessed by the director or his designated representative or a state or federal official authorized to enforce the Federal Controlled Substances Act or the North Carolina Controlled Substances Act except when a dose/doses of any controlled substance is accidentally contaminated at a nursing station or adjacent area, the controlled substance may be destroyed at the pharmacy or nursing station by a practitioner, a registered nurse or a licensed practical nurse; provided a record of destruction is made on a controlled substance disposition record showing the date, time, quantity, manner of destruction, and type of controlled substance, and the initials or signatures of persons destroying and witnessing the destruction. The destruction shall be in accordance with the procedures outlined by the director and a record of this destruction shall be kept available by the registrant or practitioner for a minimum of two years.

**10A NCAC 26E .0409 DISPOSAL OF UNUSED PORTIONS OF INJECTABLE: SCHEDULES II - V**

Both the amount of the injectable Schedules II-V controlled substance administered to the patient and the amount destroyed shall be recorded on the controlled substances disposition document or the patient's medical record with initials of individual administering and destroying the injectable controlled substance. Other procedures of documenting this information shall be submitted to the director for approval before implementation.

North Carolina Approved Reverse Distributors

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<thead>
<tr>
<th>NORTH CAROLINA</th>
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<tbody>
<tr>
<td><strong>DCM Ventures, Ltd. dba RxNet Services</strong></td>
</tr>
<tr>
<td>3012 South Elm – Eugene Street, Suite G Greensboro, North Carolina 27406</td>
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<tr>
<td>(336) 273-5112</td>
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| **Pharmaceutical Dimensions** | RP0308519 |
| 4500 Green Point Drive, Suite 102 Greensboro, North Carolina 27410 | |
| (336) 664-5287 | Schedules 2, 2N, 3, 3N, 4, 5 |

| **Universal Dynamic Returns Co.** | RUG345339 |
| 4280 Piedmont Parkway, Suite 101 Greensboro, North Carolina 27410 | |
| (336) 510-4970 | Schedules 3, 3N, 4, 5 |